



CRECORA MANISTER GAA

2020 Issue 1

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GAA Official Update COVID-19

Croke Park have issued an update for Clubs on games & training. Current guidance is that Pitches will remain **closed** to the public until July 20th. There is potential for returning to club activities in August subject to ongoing Covid19 health updates. The Club will provide regular updates so families can plan & prepare over the Summer.



Physical Distancing
For your safety please keep **2 metres** (6 feet) from one another.

Please adhere to Social Distancing & HSE Guidelines during Covid-19



NEWSLETTER

Chairman's Note : Pat Byrnes

On behalf of Crecora Manister GAA club, I want to welcome you to the current edition of our newsletter. I was honoured to be elected Chairman of this great club at our last AGM. Little did any of us know at the time, the transformation in all our lives that lay ahead of us this Spring with the Coronavirus.

Every household has been affected by Covid19, some people have lost their jobs, most people who are fortunate enough to have a job are working from home, many members of our community are cocooning and our GAA pitch and facilities at the pitch had to be closed. We truly are living in unprecedented times.

Sincere thanks to all Front-line staff living in the Crecora Manister catchment area for your dedication and commitment to ensure our hospitals and care facilities have remained fully manned at all times. Many thanks to our club members who have made themselves available to deliver groceries and medical supplies to vulnerable members of our community. Contact details are included in this newsletter for anyone in need of support in our community.

I would like to thank John McCarthy, Noel Murphy and Gerry Moloney for the on-going maintenance of the pitch and thanks to Noel Kennedy for his work in getting this newsletter to print.

To our players of all ages, please keep practising your skills so that ye will be ready to resume GAA activities at the pitch when the restrictions are eventually lifted. Finally, to all coaches and your families and our community at large, please look after yourselves and stay safe.

Is Mise le Meas,
Pat Byrnes



COVID-19 – Community Support

The local club have put together a network of volunteers who are reaching out to the Crecora and Manister community and offering our support to those who may require assistance at this time.

Please spread this message in our community. Examples of where volunteers can help is collecting medicines, groceries or fuel. Contact 087-9541547 / 086-1589256 or any member of the committee.

U21 Hurling Report – Ger Hickey



Back Row Michael Fitzgerald, Shane O'Connor, James Conheady, Chris Shanahan, Richard Murphy, Thomas Shanahan, Jack Dalton, Cathal O'Neill, Ger Kennedy.
Front Row Ciarán Kennedy, Ciarán Humphreys, Rory Hannan, Padraig Byrnes, Brendan Power, Donnacha Connolly, Fergal Egan

Our U21 Hurlers had huge preparation put in for their season but really inclement weather and unplayable pitches led to many cancellations. In Round 1 on Feb 08th we lost out to Knockaderry in Mick Neville Park. This game was played in stormy conditions and having played against the wind in the first half we were in a poor position at half time. We gallantly fought back in the second half and lost out by 4pts.

In Round 2 on Feb 25th we received a walk over from St. Patrick's GAA after numerous attempts to play the game. While we received the points our boys were craving a game and a win.

In Round 3 played on March 08th saw us take on Hospital Herbertstown. Played in windy conditions in Mick Neville Park we were aided by a strong wind in the first half. We started the game well and two first half goals from Brendan Power and Cathal O'Neill with points from Ciarán Humphreys and James Conheady put us in at half time with a well deserved 2-11 to 0-01 lead.

We faced the strong wind in the second half and had to defend well as the opposition piled on the pressure, in fact an excellent save from our goalkeeper Ger Kennedy low to his right kept the Hospital Herbertstown attack at bay. We showed great battling qualities to limit the opposition to 1-05 in the second half and ran out eventual winners on a scoreline of 2-17 to 1-06.

We had excellent performances in our defence with Rory Hannan, Richard Murphy and Jack Dalton excelling on the day. James Conheady was dominant at midfield with Chris Shanahan working tirelessly in the half forward line.

This left us in a semi final spot and a lot to look forward to but unfortunately the interjection of the Coronavirus has put a stop to all sport and life as we know it. The players are still working on their S&C and skills while hoping a return to club action is still possible.

The U21 Team and Management is as follows.

Squad : Ger Kennedy, Padraig Byrnes, Rory Hannan, Jack Dalton, Richard Murphy, Thomas Shanahan, Donnacha Connolly(Capt.), James Conheady, Chris Shanahan, Cathal O'Neill, Mike Fitzgerald, Brendan Power, Ciarán Humphreys, Fergal Egan, Ciarán Kennedy, Shane O'Connor, Karl Moloney, Conor Hannan, Sam Riordan, Eoghan O'Connor.

Manager: Ger Hickey,

Coaches: Ger Dillon, Gerry McDermott, John Power, Paddy O'Neill & Stephen Keating.

Medical: Ger Riordan

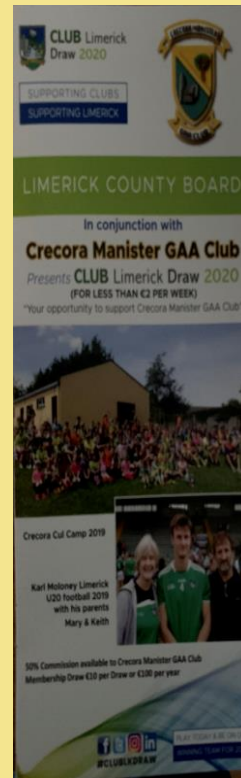
Kitmen: Conor Kirby & Tomás Connolly

Club Limerick Draw to Resume

Limerick GAA County board have decided to resume the Club Limerick development draw using remote contact guidance.

The CLUB Limerick Draw 2020 will commence on 6th June.

Club officer's will be in touch with existing members during May to confirm for 2020. Your Support would be very much appreciated.



Coaching Update

This is a good opportunity to start out on a coaching path or to refresh on coaching and safeguarding best practice.

Foundation Course

Limerick GAA are currently running two online foundation courses in hurling & football. The theory part of the course can be completed online up to May 31st and the practical part will be completed at a later stage in the year.

GAA Webinars

The GAA, An Cumann Camogaíochta and the LGFA have created a series of coach development sessions which take place on Tuesdays and Thursdays. Can be accessed via this link

<https://learning.gaa.ie/gaacoachwebinar2020>

More details available from club secretary Pat Quirke.

Photo Gallery

John Kiely, Noel Murphy, Pat Walsh, Ger Walsh, Breda Murphy



Tom O'Keefe – Dinner Dance compere



Ready For Action



Crecora Manister U21 Football



BR : Shane O'Connor, Michael Fitzgerald, Karl Moloney, Cian Leahy, Mark Shanahan, Killian Scanlon, Jack Dalton, Ciarán Humphreys, Thomas Shanahan, Edwin Wixted, Shane O'Connell.
FR Ciarán Kennedy, Michael Bateman, Padraig Byrnes, Padraig Byrnes, Richard Murphy, Tomás Connolly, Donnacha Connolly, Peter Boohan.

GOAL Mile



Club Dinner Dance

We had a very enjoyable and successful night on Friday 24th January in the Woodlands House Hotel at the Community Dinner Dance organised by the Crecora Manister GAA and Crecora Camogie Clubs.

Our Crecora Camogie Intermediate County Champions were congratulated for their well deserved success and reward for their years of hard work.

Guest speaker was Limerick Senior Hurling Manager, John Kiely and he delivered an inspirational after dinner speech and presented the Camogie Players with their County Medals. Thanks to everyone involved in the preparation and the running of the night & to community for their support

Facility Development Plan

Crecora Mainister GAA Club, in conjunction with Crecora Camogie Club, have prepared a Facility Development Plan for the period 2020-2025 with the intention of developing the facilities at Crecora Manister GAA pitch.

Planned Works include :

- Upgrade to hurling wall to include resurfacing, fencing and lighting
- Provision of a community walking track around the perimeter of the grounds (incl. lighting and boundary fencing)
- Upgrades of training pitch
- Provide gym facilities
- Provision of dugouts and other misc. items

The total cost of these works is estimated at €160,000 and the Club will be applying to various agencies for grant funding support. It will require the raising of 25% match funding locally. Details to follow over the coming months in relation to fundraising proposals by the club and your support to our fundraising efforts will be appreciated

Paraic O'Neill – 100K for Charity

The club would like to congratulate club player Paraic on the success of his recent fundraiser for the Irish Cancer Society where he raised over €11K through his Go Fund Me 10-marathons-10-days-for-irish-cancer-society page. He ran 100k in loops around the roads of Crecora near his home. Well Done Paraic.!

Kids Activities I - Coaching Drills

While at home over the Covid-19 period be sure to have a look at our fantastic home coaching and skills packs developed by our coaching officer **Ger Hickey** - full of coaching advice and ideas for underage players. These along with instructional videos are available on **Club Facebook & Twitter** pages.

<https://www.facebook.com/crecoramanister>

gaa/ :  @CRECORAGAA 

Hurling Skills Challenge 20 Mins Daily

Jab Lift - How many can you do in 30 secs

Roll Lift - How many can you do in 30 secs

Ground Strike against the Wall

Strike a ball off wall using left and rights side. Ensure hip and shoulder facing target

10 Meter Solo Run

Set out 2 cones 10 metres apart, solo from one to the other, see how many lengths you can do without dropping ball. (use bean bag for younger players)

First Touch

Strike the Ball out of hand left and right off the wall and control on the way back into the hand. Try to reduce to one touch on hurley and catch the ball below the knee.

Club Officers 2020	
Position	Elected officer
President	Gerry Moloney
Vice-President	Gerry McDermott
Vice-President	Tim Ryan
Chairperson	Pat Byrnes
Secretary	Pat Quirke
Treasurer	John Browne
Vice Chairperson	John McCarthy
Vice-Secretary	Matt Flanagan
Vice-Treasurer	Noel Murphy
Bord na nOg Secretary	Tom O'Keefe
P.R.O	Cian Leahy
Child Welfare Officer	Liam McNamara
Coaching Officer	Ger Hickey
School Liaison	Ger Hickey & Niall Conway
Scór Officer	Annette Byrnes

Kids Activities II – Colouring



The club are running a colouring competition. There will be a prize for the best U6, U8, U10 & U12. You can pick any of the 4 pictures or you can submit them all. To enter the competition please send a good quality picture with your child's name and age on the entry to hickeyger2@gmail.com or WhatsApp on 086 0405003.

We will post the competition entries on our club Facebook page. The prizes will be given out when we are all back in the pitch. The standard is very high so get those entries in! Pages attached at end of newsletter

Club Gear

A selection of Club gear is available from the dedicated O'Neills club shop by clicking on link below [Crecora Manister Club Shop](#)

Pitch Bookings

The club operate an online booking and scheduling system called Skedda for the main field , training pitch , Ball Wall and meeting room. Link is <https://crecoramanistergaa.skedda.com/booking>

Keep in Touch

Keep up to date with Club news via usual social media channels

www.crecoramanistergaa.com



Crecora/Manister GAA

<https://www.facebook.com/crecoramanistergaa/>



@CRECORAGAA

Club Secretaries

Pat Quirke

Secretary.cecora.limerick@gaa.ie

Tom O'Keefe – Bord na nOg

Secretarybng.crecora.limerick@gaa.ie



Child's Name:

Age:

Karl Moloney
Crecora
Manister &
Limerick



Child's Name:

Age:



Child's Name:

Age:



Cathal O'Neill
Crecora Manister
&
Limerick



Child's Name:

Age: